



ATMA RAM SANATAN DHARMA COLLEGE (UNIVERSITY OF DELHI)

PEHAL: Enabling Unit

The academic year 2025–26 has been a meaningful and productive journey for Pehal, a society dedicated to promoting inclusivity, awareness, and social responsibility within the college community. With a strong commitment to fostering empathy and equal opportunities, Pehal organized impactful events aligned with its vision, including the Braille Writing Competition and its flagship event, Anhad.

The Braille Writing Competition was conducted on 6 January 2026 with the objective of spreading awareness about the challenges faced by visually impaired individuals. Participants were introduced to the basics of Braille and engaged in writing using this tactile script. The event witnessed enthusiastic participation from students across various disciplines. It served not only as a competition but also as a learning experience, helping participants understand the importance of accessibility and inclusive communication. The initiative successfully encouraged students to become more sensitive and aware of the needs of visually impaired individuals.

The highlight of the year was Anhad, the flagship event of Pehal, conducted on 19 February 2026. Organized on a larger scale, it received an overwhelming response. The event was designed to celebrate diversity, talent, and knowledge while reinforcing the values of inclusion and awareness. Under Anhad, three major segments were conducted: a speaker session and two competitions—HUNARSHEEL: The Talent Hunt, and Prashnottari: The Quiz Competition.

A key component of Anhad was the speaker session on the topic *“Inclusion Starts with Everyday Action,”* delivered by Abhinandan Kumar. The session emphasized that inclusion is not merely a concept confined to policies but is built through small, consistent actions in everyday life. The speaker shared practical insights on adopting inclusive behaviour, such as being mindful of language, respecting diversity, and supporting marginalized communities. The interactive nature of the session encouraged students to reflect on their own roles in promoting inclusivity. It proved to be highly engaging and left a lasting impression on the audience.

HUNARSHEEL provided a vibrant platform for students to showcase their talents in areas such as singing, dancing, poetry, and other creative expressions. The event celebrated individuality and creativity, allowing participants to express themselves confidently. The enthusiasm and energy of the performers made it a lively and memorable experience for everyone involved.

Prashnottari, the quiz competition, focused on enhancing knowledge and intellectual engagement. It included multiple rounds covering general knowledge, current affairs, and thematic topics. The competition encouraged teamwork, critical thinking, and quick decision-making, creating an exciting and competitive environment.

All events conducted by Pehal were successfully executed through effective planning, coordination, and teamwork. The society witnessed active participation and appreciation from students and faculty alike. Overall, the year marked a significant step forward in achieving Pehal's mission. The society remains committed to continuing its efforts towards building a more inclusive, aware, and compassionate community.